



HIKE THE MAAH DAAH HEY TRAIL 2014

Sponsored by the North Dakota Game and Fish Department, this Becoming an Outdoors-Woman “Beyond BOW” event is designed for women with previous hiking or backpacking skills, or those who are in good physical condition.

Participants will hike a 13-mile portion of the Maah Daah Hey Trail from mile 83 to mile 96 near the North Unit of Theodore Roosevelt National Park. The Maah Daah Hey Trail offers unparalleled views of the badlands in North Dakota.

The number of miles hiked per day will vary. Activity level for this hike is **STRENUOUS**, due to the rough terrain of the badlands and we will likely be walking up and down hills.

Cost per participant is \$30; which includes shuttling to and from the CCC Campground to the trailhead, plus group gear. Each participant must provide their own personal gear (sleeping bag, hiking boots, backpack, etc.) and should pack their own clothes, toiletries. Each participant will be responsible for their own meals during this over-nighter. Plan for a lunch, supper and breakfast and don’t forget snacks for the trail each day. A more detailed packing list will be provided upon receipt of registration.

Come along to hone your existing hiking skills and learn new skills from fellow hikers, while experiencing one of North Dakota’s preeminent hiking destinations.

Participants will spend the cooler part of the day hiking to the next campsite, where they will learn camp set-up, cooking and other backpacking tips and tricks.

THE ADVENTURE CONTINUES ...

Friday, June 20, 2014

- NDGF Staff will arrive at CCC Campground. You are welcome to come stay the night with us.
- No activities or meals are planned.

Saturday, June 21, 2014 – 9 a.m.

- Check-in: gear check and trip orientation
- Shuttle to trailhead
- Get started on the hike for the day. We will stop for lunch along the trail.
- Evening gathering for all participants.

Sunday, June 22, 2014 – 5 a.m.

- Camp tear-down
- Breakfast on your own
- Get started on the hike for the day.
- Arrive at CCC Campground. We will have lunch once we reach our ending point.
- Wrap up discussion on the trip and then you are free to go home!

Online Registration Only @

<http://gf.nd.gov/education/becoming-outdoors-woman/online-registration>

